



The Power of Gratitude

A SECRET TO SPIRITUAL LIVING

“One who is thankful for every good thing
will find the richness of heaven
in the humblest detail of his spiritual life.



The window of gratitude opens to
us the heavens of God.”

—Sri Harold Klemp, the Mahanta,
the Living ECK Master

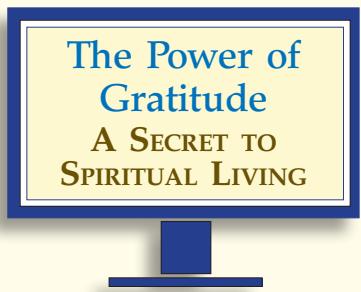
CREATE YOUR ONLINE  SEMINAR EXPERIENCE!

2020 ECK Spiritual New Year Celebration

October 23–November 30, 2020

ECKSoulAdventure.org

WELCOME TO AN ONLINE ECK Soul Adventure SEMINAR!



*G*ifts of spiritual growth await you as you enter this new online portal.

It is both a personal, spiritual adventure and a connection with the global ECK community!

Create Your Own Experience!

*E*njoy a constellation of specially recorded ECK presentations, and explore the power of gratitude in the temple of your heart with the Inner Master.

Watch the videos all at once or day by day. Chart your own path!

Your journey includes

- ◊ A New Talk by Sri Harold Klemp, page 3;
- ◊ "Awaken to the Power of Gratitude" (workshop), page 3;
- ◊ Chela Insights and Stories from the Heart, page 4;
- ◊ Heart-Opening Creative Arts, page 5;
- ◊ Fun Youth-and-Family Activities, page 6;
- ◊ "Spiritual Exercise Adventure," page 6.

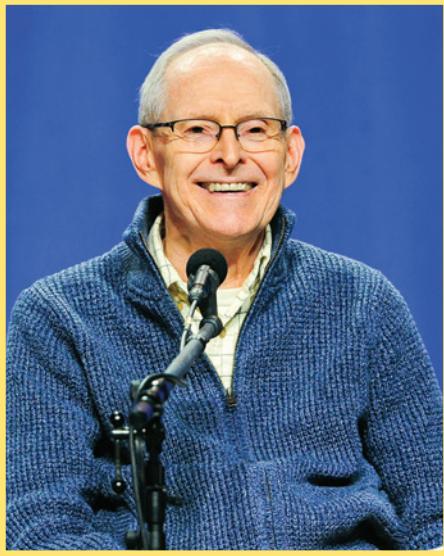
IT'S EASY!

ONLINE REGISTRATION ONLY
See page 7 for more information.

2 (This online event is not held via Zoom.)



CHELA-ONLY ECK
SPIRITUAL NEW YEAR EVENT
See page 8 for more information.



Sri Harold Klemp, the Mahanta, the Living ECK Master speaks to the world via a special audio recording.

An ECKANKAR Soul Adventure

A Soul adventure can touch you at the very core of your being.

As Soul, you have the God knowledge within you.

A Soul adventure awakens you to the love, wisdom, and creativity already within your heart!



New Talk by Sri Harold Klemp, The Mahanta, The Living ECK Master!

*I*n a special audio recording, the spiritual leader of ECKANKAR shares keys to living the spiritual life to its fullest potential. His stories bring out the timeless teachings of ECK that can help you find truth—and more inner freedom, wisdom, and love in your life.

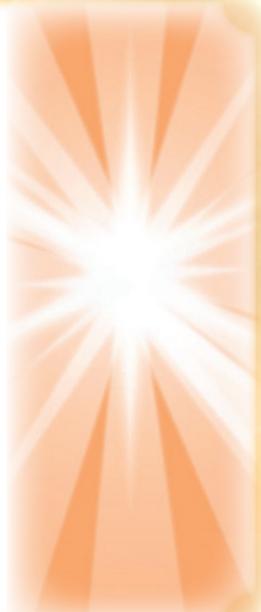
Awaken to the Power of Gratitude

SPECIALLY RECORDED WORKSHOP

Jamie Obakponovwe, Jason Young

TAKE A JOURNEY THROUGH THE WINDOW OF GRATITUDE!

- ◇ Try a special spiritual exercise, "Grace, Balance, and Gratitude," to enrich your daily life from the inside out.
- ◇ Embrace opportunities to press Pause and make time for deeper exploration through contemplation, journaling, and discussion with your family or friends.
- ◇ Discover how this profound secret to spiritual living can help you navigate every moment of your life!



Inspiring Talks from Speakers around the World

Enjoy newly recorded stories from the heart as well as past seminar highlights, and see how the Holy Spirit works to bring upliftment, wisdom, and spiritual freedom!



EMBRACING GIFTS OF CHANGE

Kesiye Wis-Wolo

When a love relationship tests the capacity for change, adventure and spiritual growth ensue!



BUMPS AND BLESSINGS ON THE ROAD TO LOVE

Alison Powers

What is the point of trouble? Spiritual dreams can hold the key to higher understanding.



WHAT JUST HAPPENED? OPPORTUNITIES TO LIVE, LEARN, AND LOVE

Bihzhu Foo

A health issue is revealed to be a gift from God. The challenge is to accept the blessing with grace.



GRATITUDE—A SECRET TO SPIRITUAL LIVING

Stan Burgess

Living in a state of gratitude and acceptance makes life a rich spiritual adventure.



TRAVEL IN THE GOD WORLDS

Mick Lunzer

A Soul Traveling juggler shows how we can move into the higher realms of God for a better life today.



IN GOD'S TIME AND IN GOD'S WAY

Amanda Amend

Trust, an act of giving, and the power of divine imagination create a miracle.



HOW CAN DREAMS HELP ME?

Vincent Anani

The teachings of Eckankar and a special dream open the way for this dreamer to heal from the painful loss of a loved one.



HU—THE GOLDEN THREAD OF LOVE

Steve Stanford,
Maggie Stanford

When they are adopted by a dog named Willie, this couple gains a deeper realization of divine love.



Creative Arts That Open the Heart to God's Love

Tune in to original music and poetry that reflects the lightness and happiness of Soul. Feel the creative current, the ECK, coming through, bringing upliftment to the life you face every day.



FREEDOM

Matthew Zhao,
age 11

This profound poem offers a vision of God's love for you.



MAHANTA!

Composed by Doug Lakes,
featuring Carolyn Walsh

This high-energy, toe-tapping tune brings good vibes that will liven up any moment of your day!



HU—A LOVE SONG TO GOD

Composed by Jon Goin and Doug Kunin. Arrangement by Nina Limardo Pickett.

Lift your spirits with this beautiful celebration of the precious gift of HU, a love song to God that brings greater awareness and joy.

SOARING

Composed and performed by Russell Stern

Your heart will take flight as you enjoy this transcendent piano solo that takes you to heights of Soul's love for God.



To Give Is to Live

Composed by Laura Etemah, performed by the group Maha Nada

The joyful lyrics and movement of this song will have you singing the chorus, "Give a little love," adding goodness and cheer as you go about your day.

Becoming the Song

adapted from
The Sound of Soul
by Sri Harold Klemp

BECOMING THE SONG (SLIDE SHOW VIDEO)

Created by John Villemonte

Take a journey in the Light and Sound through music, art, and photography, and open your heart to the beauty of HU.

Youth and Family Explorations

These fun and innovative activities can spark joy, gratitude, and adventure in your family!



GRATITUDE: A KEY TO JOY IN YOUR FAMILY (FAMILY WORKSHOP)

Have fun making cool “The Year of Thanksgiving” banners for your home as you explore how practicing the spiritual Law of Gratitude in your family can make life a rich and joyous adventure.



COLORING BOOK FOR THE YEAR OF THANKSGIVING

Download and print this beautiful coloring book, and let your children’s imagination soar as they learn about the spiritual new year.



ECK FAMILY SPIRITUAL TREASURE HUNT

Ready for a Soul adventure? Embark on this spiritual treasure hunt with your family, and discover some of the blessings the ECK has scattered throughout your lives!



(FOR YOUTH AGES 13–17)

Special video presentation by youth, for ECK youth around the world.

Spiritual Exercise Adventure

FOR GRATITUDE IN TIMES OF TRIAL

The ECK softened and beautified the great, formidable earth, covering the mountains with forests and scatterings of wildflowers over the hills. The valley teemed with butterflies and singing birds. Lights and shadows were given to the morning and evening of the day.

—*The Shariyat-Ki-Sugmad*, Book One, p. 52

How has the ECK softened a necessary life experience for you? Imagine you are sitting in your living room with the Master at your side, discussing the trials of living. Look for details to be grateful for. Maybe during an illness you had an excellent doctor, or saw how much others care for you.

After you have given thanks, in some way the Inner Master will show you how you can soften the trials of someone else, as a vehicle of divine love.

Open your heart wide to this blessing. It holds a special gift.

—Sri Harold Klemp, *Spiritual Exercises for the Shariyat*, Book One, p. 38



ONLINE REGISTRATION ONLY

Easy online registration: ECKSoulAdventure.org

Registration begins **September 15, 2020**

You will receive a login password allowing you to access the event between October 23, 2020, at 8:00 a.m., and November 30, 2020, at 11:30 p.m. (central time).

Suggested Donation

Complimentary for guests (see box below)

Individual ECK member or family: US\$50–75
(These amounts are suggestions; you may give as you are able, within your means.)

ALL GUESTS ARE WELCOME!



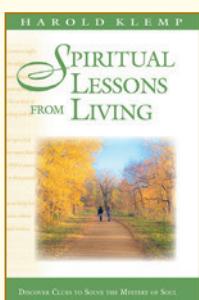
New to ECKANKAR? Enjoy complimentary registration.

Anyone new to the teachings of ECKANKAR is warmly invited to this online experience. (See registration information above.) Personal gems of spiritual transformation await all who partake of this golden opportunity to recognize the infinite creativity of Soul (your true self). Come explore. The miracle of greater awareness awaits you!

Look for These New Items at ECKbooks.org, October 22

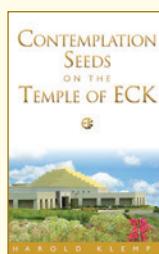
by Sri Harold Klemp

Other



Spiritual Lessons from Living, Mahanta Transcripts, Book 18

In this book you will find clues to spirit you on your journey, no matter where you are in your understanding of yourself and your life. You will gain deeper insight into your lessons from life, how the Holy Spirit speaks to you, how to break bad habits, and more!



Contemplation Seeds on the Temple of ECK
Celebrate the 30th anniversary of the opening of the Golden Wisdom Temple in Chanhassen. The quotes in this pocket-size book can serve as contemplation seeds to help you explore the Temple and its role on the planet. Tune in. What will you discover about truth in the temple within your own heart?



2021 Eckankar Journal

True stories of ECK miracles from around the world, featuring a special article by Sri Harold Klemp.

Art by Amanda Gunz (page 6); Claude Gruffy (page 6); Ed Parkinson (page 3); Diane Sterling (pages 1–7); Photos by Bihzhu Foo (page 4); Bruce Fuller (page 3); Art Galbraith (pages 1, 5); Giovanni Riva (page 4); Steve Runfeldt (pages 4, 5); Kristy Walker (pages 4, 5, 7); Kesiye Wis-Wolo (page 4).

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Spiritual Exercise: The Year of Thanksgiving

The eighth of the Spiritual Years of ECK. This year has much in common with A Year of Blessing, which precedes it. We must be willing to let our joy of life show in a spirit of celebration. Enjoy the company of your loved ones at special celebrations of your own choosing throughout the year. Give thanks for the gift of life.

—Sri Harold Klemp, *ECK Essentials*, page 45

Ask the Mahanta to light up something you can do today to express your gratitude for the gift of life. Likely it will be some act—large or small, known or secret—that gives someone else a reason to be grateful.

This spiritual exercise can be done every single day!



Chela-Only Event: Grateful to Give

THE YEAR OF THANKSGIVING CELEBRATION

Join us online for a specially recorded video presentation to celebrate our love for the Mahanta!

Contemplate and enjoy this uplifting program:

- ◊ Susan Miller, president of ECKANKAR, and other special guests explore the role of a new spiritual year and new ways the message of the Light and Sound is reaching the world.
- ◊ Music and chela slide show of our global ECK community
- ◊ Gratitude shared for the 30th Anniversary of the Temple of ECK
- ◊ Video-excerpt treasures from Sri Harold Klemp
- ◊ A 20-minute HU Song celebrating the new spiritual cycle that begins on October 22



Mark your calendar!

No registration, password, or donation needed.

Where? Members Area of Eckankar.org

When? Available between Thursday, October 22, 2020, at 8:00 a.m., and November 30, 2020, at 11:30 p.m., central time.

Begins
October 22